# NEVADA MTSS TRAINING CATALOG



### TABLE OF CONTENTS

1	About Nevada's Multi-Tiered System of Supports
2	Roadmap to Implementation
3	Where to begin
4	<u>Workshops</u>
6	Follow-up Tiered Trainings
13	<u>Special Topic Trainings</u>
14	School Based Health Provider Trainings
15	<u>Interventions</u>
17	<u>Awareness</u>
18	Accessing Asynchronous Trainings

### ABOUT NEVADA'S MULTI-TIERED SYSTEM OF SUPPORT



The Nevada Department of Education (NDE) and the Nevada MTSS Technical Assistance Center build capacity across Nevada's local educational agencies (LEAs) to establish, scale up, and sustain Multi-tiered System of Supports (MTSS).

The NDE and Nevada MTSS have spent several years building a multi-tiered framework across the state. School Districts implementing with high fidelity have observed significant, district-wide positive outcomes, including noticeable reductions in discipline, and improvements in overall school climate.

This integrated MTSS framework serves as the infrastructure needed in Nevada to address the rising needs of our student populations in both our urban and rural school districts. It also allows us to evaluate the student outcomes of Nevada's school climate initiatives. Integration of these initiatives aims to reduce time, effort, and financial resources while maximizing positive student outcomes. One major focus of the project intends to address the opioid crisis in Nevada through integrating specific drug prevention and treatment practices into our most vulnerable and high-needs LFAs.

### Roadmap to Implementation

### Sustainability and Innovation

Financial and programmatic sustainability should be planned for at every stage



#### **Installation**

New approach is put to practice with feedback loops in place



### Full Implementation

Sustained use of practices with fidelity and measurable outcomes



Data are used regularly to make informed data based decisions and improve program implementation





#### **Exploration**

Identify need for change and learn about new innovations

### Where to Begin

#### **EXPLORATION**

During this stage, the district leadership team focuses on building the necessary infrastructure to to support implementation of your multi-tiered system. This may include needs assessments and initiative audits that allow a leadership team to determine district readiness for a tiered installation process. Our technical assistance center will facilitate activities that help districts decide whether a need for change or enhancement exists or what solutions to pursue to get ready. This phase is important in that it ultimately saves resources such as time and money, and when completed significantly improves the chances for success.

#### INSTALLATION

During this phase, the work outlined and action-planned in previous phases is initiated by teams identified as the first cohort. During this stage, stakeholders use their newly learned skills around coaching and training to develop new practices and supports to meet the needs of the sites. Data are used to drive the work forward and make changes as needed. As teams demonstrate strong fidelity of their school-wide systems (at least 50%), they are identified as fully-implementing schools. Strong leadership and administrative support remain high priority to sustain high levels of implementation.

#### **IMPLEMENTATION**

During the Installation phase, the Implementation team helps secure necessary resources to do the work ahead and prepare district staff for new practices. The team will work to acquire (and/or repurpose) resources to ensure a functional coaching framework is available. Other steps that occur during the installation phase include selecting staff to participate on site teams, identifying training and coaching needs, and establishing district baseline fidelity using the tool known as the District Systems Fidelity Inventory (DSFI, 2023)

#### SUSTAINABILITY AND INNOVATION

During this phase, MTSS teams will continue to build infrastructure and align systems to ensure staff can maintain full MTSS implementation, even following staff turnover or changing district priorities. It is important to do this through ongoing data analysis, dissemination of these data, and stakeholder engagement. Ensuring that funding remains available to support the infrastructure should remain a high priority.

### Workshops

#### TIER 1 INTRO TO MTSS

Format:In-person, two full days (12 hours)

Phase: Installation

This interactive two day (12 hour) session is designed to introduce newly implementing sites to the foundations of a Tier 1 (universal) multi tiered system of supports.

By the end of this session, teams will leave with:

- Foundational knowledge about the components of a Tier 1 system
- An understanding of the intersectionality of social, emotional, and behavioral health systems and practices
- Drafts of permanent products for implementation including an expectation matrix, lesson plans, teaching schedule, acknowledgment matrix & discipline flow chart
- An action plan to guide implementation

**Target Audience:** School MTSS Teams Including administrators, teachers, behavior specialists, and coaches

**Workshop Adaptations:** trauma-responsive focus, culturally-responsive emphasis, integrated academic alignment

#### TIER 1 BOOSTER

Format:In-person, full day (6 hours)

Phase: Full implementation-sustainability

This session is designed to revitalize implementation teams who have been engaging in MTSS work for an extended period of time, or for those teams to send new members to who may have joined the team after MTSS is implementing to fidelity.

By the end of this session, team members will leave with a foundational knowledge of Tier 1 system and practices.

**Target Audience:** School MTSS Teams with new members, including administrators, teachers, behavior specialists, and coaches.

**Workshop Adaptations:** trauma-responsive focus, culturally-responsive emphasis, integrated academic alignment

Format:In-person, full day (6 hours)

Phase: Implementation-Sustainability

#### TIER 2 WORKSHOP

This session is designed to review the critical features of Tier 1 that must be in place prior to installing advanced tiers and introduce an overview of Tier 2 components

By the end of this session, teams will be able to:

- identify the critical fidelity indicators of a Tier 2 system
- evaluate to what extent Tier 1 core features are being implemented
- identify Tier 2 teaming features and universal screening practices
- review and identify Tier 2 targeted interventions
- evaluate the fidelity of the Tier 2 system

**Target Audience:** School MTSS Teams Including administrators, teachers, behavior specialists, and coaches

**Workshop Adaptations:** trauma-responsive focus, culturally-responsive emphasis, integrated academic alignment

Format:In-person, full day (6 hours)

Phase: Full Implementation-Sustainability

#### TIER 3 WORKSHOP

This workshop is designed to provide teams with training in systems and student-level teaming at Tier 3, identifying needs and resources, and introduce teams to the continuum of Tier 3 interventions, including functional behavior assessments, student support plans, wraparound (e.g., RENEW), as well as individualized interventions in mental health, counseling, and clinical care.

By the end of this session, teams will leave with:

- an inventory of individualized supports they are providing
- an action plan to leverage and enhance these supports

**Target Audience:** School MTSS Teams Including administrators, teachers, behavior specialists, and coaches

**Workshop Adaptations:** trauma-responsive focus, culturally-responsive emphasis, integrated academic alignment

#### Follow-Up Tiered Professional Development

#### Classroom Systems and Supports

Format: In person, full day (6 hours)

Phase: Initial-Sustainability

Target Audience: MTSS Teams, new team members, classroom teachers

Prerequisites: Tier 1 Workshop

This session is designed to provide participants with an understanding of how universal tier 1 school-wide supports can be leveraged in the classroom. Teams will be taught key elements of effective professional development and implementation supports for teachers and walk out with an action plan for school-wide roll out of classroom supports.

#### Training outcomes

By the end of this session participants will be able to:

- Explain the role that Systems, Data, Outcomes, and Practices play in classroom supports
- How to leverage evidence-based instructional and classroom management techniques embedded within the classroom system

#### Adaptations:

Trauma-responsive focus, culturally-responsive emphasis, integrated academic alignment

#### **Data Based Decision Making**

Format: In person, full day (6 hours)

Phase: Initial Implementation-Sustainability

Target Audience: MTSS Teams

Prerequisites: Tier 1 Two Day Workshop

This session is designed to provide school teams with opportunities to interact with existing data sources utilized in their universal Tier 1 system. The session provides practice for teams to analyze their existing tier 1 database to identify

problems and "drill down" in the data to develop effective solutions. Practices and interventions in place at each school are sorted along a three-tiered continuum and evaluated for identified need, evidence base, and outcomes.

#### Training outcomes

By the end of this session you will be able to:

- Discriminate between system-level and student level concerns
- Identify a solution for a tier 1 issue
- Speak to the strengths and needs of tier 1 practices

#### **Evaluating Data for Disproportionality**

Format: In-person (Full day)

Phase: Initial Implementation-Sustainability

Target Audience: Teams, administrators

Prerequisites: Tier 1 Workshop, Data Based Decision Making

This session is designed to address equity and challenges related to disproportionality within our schools. Critical examples will be taught to leverage MTSS problem solving to address barriers and create more equitable opportunities for all students.

#### Training outcomes

By the end of this session you will be able to:

• Identify school-wide data and evaluate for over- and under-representation of specific populations



#### **Integrating Restorative Practices**

Format: In person (Full day)

Phase: Initial Implementation

Target Audience: Teams, administrators

Prerequisites: Tier 1 Two Day Workshop, Data Based Decision Making, Classrooms

This session is designed to provide an awareness of restorative practices to school teams and cross-walk restorative practices to features of tier 1 behavior support systems.

#### Training outcomes

By the end of this session you will be able to:

- Describe the social discipline window
- Learn circle practices
- Align circle practices to classroom routines
- Identify where restorative responses can integrate within the school-wide discipline flowchart







#### Follow up Tiered Professional Development

#### Universal to Targeted Screening & Intervention Selection

Format: In person (Half day: 3 hours) or Online Asynchronous

Phase: Advanced Implementation

Target Audience: Teams, administrators, school psychologists, counselors

Prerequisites: Tier 2 Workshop

This session emphasizes data triangulation through the development of data decision rules and selection of Tier 2 interventions. Participants learn how to identify data sources for appropriately identifying students as well as selecting evidence-based, function-informed interventions for Tier 2 supports.

#### Training outcomes

By the end of this session you will be able to:

- Identify risk within school-wide population based on universal screening results
- Match students with presenting risk-factors/needs to appropriate interventions.

#### **Progress Monitoring**

Format: In person (Half day: 3 hours)

Phase: Advanced implementation

Target Audience: Tier 2 teams, administrators

Prerequisites: Tier 2 Data Based Decision Making

This session emphasizes tracking student success, making data-based decisions, and evaluating treatment fidelity.

#### Training outcomes

By the end of this session you will be able to:

- Use data to evaluate student success in tier 2 interventions
- Utilize strategies to respond student progress/lack of progress
- Measure fidelity of tier 2 interventions and respond to low fidelity

#### **Evaluating Intervention Efficacy**

Format: In person (Half day: 3 hours)

Stage of Implementation: Advanced implementation

Target Audience: Tier 2 teams, administrators,

Prerequisites:

This session is designed to review tier 2 level of use and outcome data to determine disproportionality, discuss strategies for reducing disproportionality, and evaluating Tier 2 practices. Participants learn the importance of evaluating Tier 2 participation and efficacy across various identifiers of student groups.

#### Training outcomes

By the end of this session teams will be able to:

- Identify the efficacy of Tier 2 groups implemented during the school year
- Evaluate efficacy based on student identifiers (grade level, gender, race, disability status, etc).







#### FOLLOW UP TIERED PROFESSIONAL DEVELOPMENT

#### Functional Behavior Assessment (FBA)

Format: In person (Full day: 6 hours-can be broken into (2) 3-hour trainings

Phase: Advanced implementation

Target Audience: Tier 3 teams, administrators, school psychologists, counselors

Prerequisites: Tier 3 Workshop

This session is designed to introduce teams to the brief and comprehensive FBA processes through an overview of the forms, data collection, progress monitoring tools, and timelines required to complete the FBA and support plan process.

#### Training outcomes

By the end of this session teams will:

- identify data decision rules to move students in and out of Tier 3
   interventions
- Identify student teaming structures for individual teams

#### Generating Function-Based Support Plans that Tie into Plans of Care

Format: In person (Half day, 3 hours)

Stage of Implementation: Advanced implementation

Target Audience: Teams, administrators, counselors, school psychologists

**Prerequisites:** Tier 3 Workshop, Functional Behavior Assessment training
This training is designed to assist school teams develop and monitor student
support plans and plans of care that are tied to function and grounded in
measurable goals. Ensuring plans are function-based will maximize compliance
with

#### Training outcomes

By the end of this session you will be able to:

- identify students for appropriate interventions
- measure progress of goals identified by student teams

#### **Data Driven Intervention Selection**

Format: In person (Half day, 3 hours)

Stage of Implementation: Advanced implementation

Target Audience: Tier 3 teams, administrators

Prerequisites: Tier 3 Workshop

This session is designed to emphasize data triangulation by utilizing screening data, intervention fidelity data, and other data sources to make data-based intervention decisions.

#### Training outcomes

By the end of this session you will:

• produce an audit of Tier 3 interventions

• create data decision rules for Tier 3 supports

#### **Evaluating Intervention Efficacy**

Format: In-person (Half day, 3 hours)

Phase of Implementation: Advanced Implementation

Target Audience: Tier 3 teams, Administrators

#### **Prerequisites:**

This session is designed to review tier 3 level of use and outcome data to determine disproportionality, discuss strategies for reducing disproportionality, and evaluating Tier 3 practices. Participants learn the importance of evaluating Tier 3 participation and efficacy across various identifiers of student groups.

#### Training outcomes

By the end of this session you will be able to:

- Identify the efficacy of Tier 2 groups implemented during the school year
- Evaluate efficacy based on student identifiers (grade level, gender, race, disability status, etc).

#### SPECIAL TOPICS

#### • Family Engagement & Integrating Student Voice: 3 hours

This training focuses on how educators can incorporate student and family voice into learning as a promising strategy to foster culturally responsive learning for increased access, opportunity, and success for marginalized students. Attendees will learn strategies to navigate academic and social challenges and how to connect their learning communities.

#### • Universal Bully Prevention: 6 hours

This training demonstrates how to leverage tier 1 school-wide behavior expectations for evidence based bully prevention. The bullying construct, ineffective strategies for addressing bullying, and evidence based replacement strategies are presented to attendees. Attendees will be trained in the "Stop. Walk. Talk." protocol and provided tools to measure the impact and efficacy of bully prevention efforts.

#### • Common Formative Assessments: 2 hours

This session focuses on the discrimination between formative and summative assessments. Emphasis is on Common Formative Assessment: what makes a quality assessment, how educators can use them, and the steps and process of creating common formative assessments.

#### • The Intersectionality of Literacy & Behavior: 2 hours

This session focuses on the interconnectedness of literacy and behavioral risk and success. This session explores strategies that connect literacy with behavioral support and provides action planning for teams to bring strategies back to school sites.

#### • SWIS: Swift at SWIS: 4 hours

Swift at SWIS trains new users to set up and or utilize the School-Wide Information System (SWIS). The purpose of this training is to introduce SWIS as a decisions system for social climate and discipline data along with the benefits, features, and impact on staff procedures.

• Using School-wide Literacy Data to Make Decisions: 3 hours

This session focuses on data based decision making with an academic lens as the primary focus. It was designed to provide attendees with opportunities to interact with existing data sources, analyze their database to identify areas of concern, and "drill down" in the data to develop effective solutions. Practices in place at each school are sorted along a three-tiered continuum and evaluated for need, evidence base, and outcomes.

#### HEALTH PROVIDERS

- Child and Adolescent Services Intensity Instrument (CASII): 2 hours
- This training introduces attendees to a standardized assessment tool that determines the level of service intensity that may be needed by a child and adolescent-aged clients. It was developed for providers who work with students in a school setting to help guide treatment planning and monitor treatment outcomes.
- HIPAA + FERPA: Protecting Students' Health Information: 2 hours

  This training will provide attendees with information school-based providers need to know to follow and adhere to federal privacy laws. During this session, attendees will learn to identify the differences between the information the two
- Plans of Care and Effective Treatment Planning: 2 hours

laws protect as well as the relationship between both laws.

This session was designed to help treating providers understand a Plan of Care (POC) and what they are responsible for. It will enhance their understanding of requirements for writing treatment plans and maintaining compliance to their students' plans.

#### INTERVENTIONS: 6 HOURS

#### • School-based wrap-around (RENEW)

This professional development will focus on school-based wraparound following the RENEW model, which is a structured school-to-career transition planning and individualized wraparound process for youth with emotional and behavioral challenges. Leveraging student voice and natural supports to develop student-driven goals with school team support is trained to site teams. The important role of wrap-around facilitators, mapping, and fidelity tools will also be reviewed.

#### • Too Good For Drugs

This training provides behavior skills training to introduce attendees to this universal prevention education program that was designed to mitigate risk factors and enhance protective factors related to alcohol and drug use. Practice opportunities will be provided throughout this training to teach facilitators five character development skills that will build their students' capacity for healthy development and success.

#### • Botvin Lifeskills

During this training, attendees will learn how to effectively implement this prevention education curriculum that has been demonstrated to significantly reduce substance abuse across secondary school-aged youth. The session will review theory, practice the curriculum, and troubleshoot common implementation struggles. Opportunities to teach selected lessons will be provided as part of this training.

#### Check in Check Out (CICO)

This training introduces school teams and providers to this Tier 2 evidence-based intervention that is designed to mediate common behavior challenges. During this session, attendees will learn how to provide structure and accountability that can give a student opportunities for success and connect them back to universal tier strategies.

#### INTERVENTIONS CONTINUED

#### • Coping Power

This training utilizes skills training to introduce school-based providers to this evidence-based curriculum designed to teach students to respond to group rules, consider appropriate solutions, and better understand the consequences of their actions. It also introduces attendees to an effective parent coaching component that allows students to succeed across their home and school settings.

#### Coping Cat

In this training, attendees will learn to implement this 16-week program for youth who experience concerns related to anxiety. This is a skill-building curriculum that incorporates recognizing and understanding of emotions, thoughts and feelings, and developing plans for effective coping strategies.

#### Match-ADTC

This is a manualized program that combines 33 procedures to address anxiety, depression, trauma, and disruptive behaviors associated with these concerns. Attendees will learn to use this flexible system and expertly designed flowcharts to provide step-by-step instructions, practice components of implementation, and monitor progress for their students.

#### Prevent-Teach-Reinforce (PTR)

This professional development will focus on a more intensive assessment and support planning process for students who have intensive behavior, social, and academic needs. The training includes an overview of the process, forms, data collection, progress monitoring, and timeline of a comprehensive FBA and BIP with emphasis on teaming, training school staff for implementation, and measuring the fidelity of plan implementation.

#### INTERVENTIONS CONTINUED

#### • Resilience Education Program (REP)

This training will teach school-based providers about this targeted tier 2 intervention designed for students at risk for internalizing concerns. It is evidence based to address concerns related to trauma, and this session will use skills training to teach coping and problem solving skills in small group instruction.

#### • Cognitive Behavioral Intervention for Trauma in Schools (CBITS)

This training introduces this Tier 2 intervention designed to reduce symptoms related to trauma while improving functioning. This program seeks to increase peer and parent support and enhance coping skills for student in and and out of their school setting. Adaptations for this interventions include:

- Bounce Back (clinical and non-clinical)
  - Elementary-aged students
- Support for Students Exposed to Trauma (SSET)
  - Adapted for facilitation by non-licensed providers
- CBITS for American Indian Youth
- CBITS for Racial Trauma

#### AWARENESS: 1-2 HOURS

Nevada MTSS provides awareness trainings on special topics of interest.

Trainings are designed to enhance knowledge and provide an overview of information. Awareness training offerings include:

- Trauma
- Evidence-based Trauma Interventions
- Screening
- School Safety & MTSS
- Substance Abuse Prevention, Treatment & Intervention within MTSS

\*\*Additional trainings may be added based on the needs and preferences of LEAs upon request.

### Register for Free MTSS courses!

To register for our courses, please follow this <a href="https://link.google.com/link.google.com/">link</a> or scan the QR code

#### Scan me!



These short courses are designed to be used in multiple ways: new staff for onboarding, whole staff for discussion, or individual staff as a refresher

#### Overview of MTSS

Learn about the building blocks to creating a strong MTSS foundation including SEL, RP, and Bully Prevention

#### MTSS Data Systems

Learn more about MTSS data systems such as the TFI, SWIS, DESSA, Panorama, and more coming soon

#### Substitute Teacher Resources

A quick introduction to MTSS for subs along with quick strategies that can be implemented in the classroom

#### Tier 1 Practices

Learn about the core elements of Tier 1 MTSS implementation practices, tools, and structures

#### Tier 2 Practices

Learn about the core elements of Tier 2 practices such as Skillstreaming, CBITS, and more

#### Tier 3 Practices

Learn about the core elements of Tier 3 MTSS such as FBAs, implementation practices, tools, and structures



For additional information email:



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## MULTI-TIERED SYSTEM OF SUPPORTS

University of Nevada, Reno

https://www.unr.edu/nced/projects/nvpbista/school/mtss